

BRAVERMAN EYE CENTER **REFRACTIVE POST-PROCEDURE CARE**

LASIK

Do **NOT** rub or squeeze your eyes for the first week! **WITH LASIK, DO NOT START ANY DROPS TILL 7 PM THE DAY OF SURGERY.** Use the antibiotic and steroid drops two times the night of the same day as surgery (7PM and 10 PM). Separate each drop by 3-5 minutes after shaking the bottles well, leaving your eyes closed for one minute after each drop. After 7 PM, use the **non-preserved lubricating drops** every 2 hrs while awake during the first 24-36 hours. Continue frequent lubrication for many weeks.

1) **Drops for LASIK:** (A) antibiotic and (B) steroid. Use each drop 4x/day for 5 days. (C) frequent non-preserved artificial tears.

DO NOT USE RESTASIS DAY OF SURGERY OR DAY AFTER SURGERY

2) **EYE SHIELDS** should be worn to cover and protect the eyes every night for the first 5 days. Do not shower for 24 hours.

3) You **MUST** wear UV filtered sunglasses outside for one year. In south Florida, it's a good practice to wear them outside all the time. Heavy ultraviolet light exposure could cause regression of the laser treatment.

4) A small number of patients do experience pain. You may take Tylenol or Advil if needed.

5) **With LASIK**, your vision should recover rapidly, although fluctuation and some blurriness can be expected for the first 2 – 4 weeks or longer. Your eyes may be bruised with spots of superficial blood. This will disappear over a 2 – 4 week period. If an enhancement procedure is needed, it will be performed after 3 – 6 months.

**** CALL THE OFFICE IMMEDIATELY IF YOU HAVE PAIN OR SUDDEN LOSS OF VISION 954-458-2112 OR 1-888-954-LASIK**

REVISED 1/11/2010