

Vegetables never tasted so good. Page 2D.



- Real Estate.....3C-8C
- Classified.....3C-8C
- Cooper.....6A
- Food.....2D-6D
- Hannan.....2B
- Health.....1D-2D
- Julian.....4B
- Lifestyles.....1B-6B



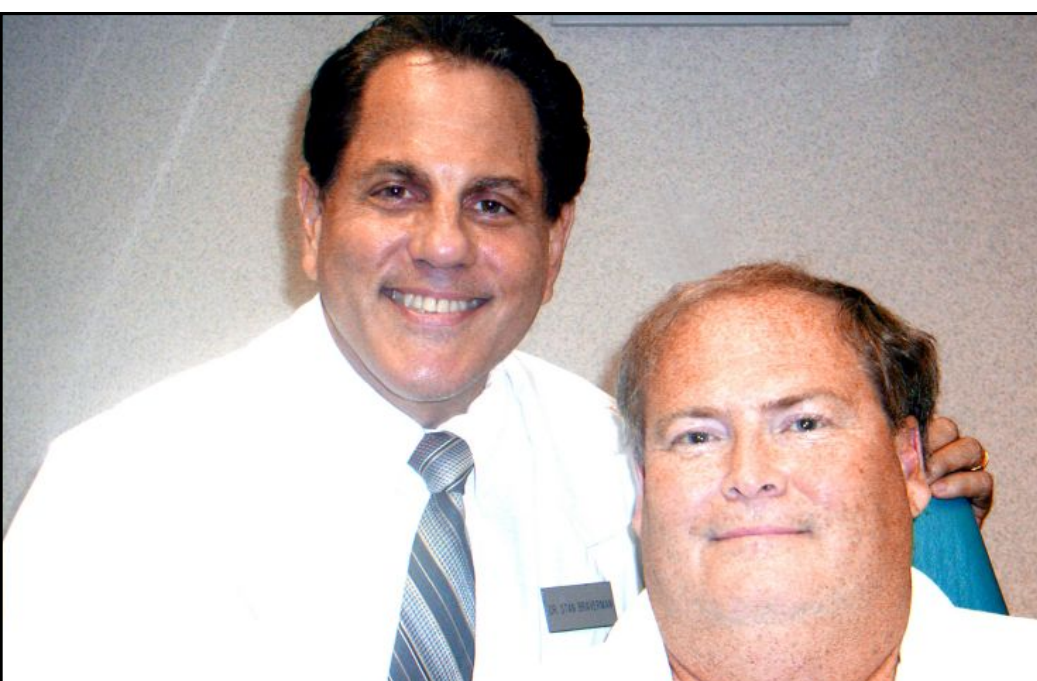
Levitt-Weinstein is there for you! Page 1B.

THURSDAY, SEPTEMBER 25, 2008 • 32 PAGES • VOLUME 7 • ISSUE 3

AVENTURA • BAL HARBOUR • DANIA BEACH • HALLANDALE BEACH • HOLLYWOOD • NORTH MIAMI BEACH • PEMBROKE PINES • PEMBROKE PARK • SURFSIDE • SUNNY ISLES BEACH

BRAVERMAN EYE CENTER

There is More than LASIK for 20/20 Vision



Kim Umbaugh with Dr. Stanley Braverman. Kim doesn't need glasses for distance anymore, which is pretty amazing from a negative 17.



Kim Umbaugh also does not need reading glasses any longer!

By Lynne Peterson
Kim Umbaugh had been wearing glasses since second grade elementary school, and they were the first item he would reach for in the morning. Over the past forty-five years, his prescription deteriorated to the point that he had become very nearsighted, with a lot of astigmatism, making his glasses very thick. He also had contact lenses, but it was a struggle for him to insert them due to his poor eyesight. Kim finally found a way to get rid of both his glasses and his contact lenses!

As the project manager for a construction company in Miami, Kim often has to read blueprints and contracts, being mindful of details. That meant always using his glasses or contact lenses, which was bothersome. He felt there had to be a better way to deal with his failing eyesight, but he never pursued it until he was traveling and had a conversation with an optometrist friend of his, Dr. Adriane Florczyk. Traveling has always been a passion for Kim and his wife, Donna

McConnell. Years ago while on a cruise, Kim almost lost his eyeglasses overboard and had forgotten to bring his contact lenses with him. The thought that he might have missed out on the remainder of his vacation was enough to make him seriously consider having corrective eye surgery. He mentioned it to Adriane, who strongly recommended that he consult with Dr. Stanley Braverman of the Braverman Eye Center because he had an exemplary reputation for always looking out for the patient's best interests.

Kim took that advice and he and his wife both consulted Dr Braverman shortly afterwards about LASIK. Unfortunately, Kim was not a surgical candidate at the time because he was too nearsighted and could not be corrected with LASIK. However, Donna was a candidate since her vision was not as bad as her husband's (only a minus 7.50).

Dr. Braverman performed LASIK surgery on Donna, using a laser to reshape the

front surface (the cornea) of both of her eyes. The day after the surgery, Donna was seeing 20/20! Now, five years later, her vision is still 20/20.

Given the great outcome of his wife's LASIK surgery, four years later, Kim decided to contact Dr Braverman again to see if there had been any advances in the technology since he had first considered LASIK that would let him now be eligible for a procedure. When he consulted Dr. Braverman, there had been advances.

Kim now met the criteria to have a clear lensectomy -- a procedure where the doctor removes the natural lens inside the eye and replaces it with an artificial lens. The lenses that Dr. Braverman implanted in Kim's eyes have built-in distance vision, computer vision, and near vision.

Kim was awake during the entire 15-20 minute procedure, but he was quite relaxed. Dr. Braverman talked to him throughout the painless eye surgery, reassuring him every step of the

way. He had an operation on each eye, one week apart, missing only two days of work for each surgery -- the day of the surgery and the day after.

Now, a year after the surgery, Kim still has no need for eyeglasses. Understandably, he highly recommends Dr. Braverman and calls him one of the best doctors he has ever seen. He told Dr. Braverman, "Thank you and your professional staff at the Braverman Eye Center for giving us the gift of sight without glasses. We will use this gift every day of our lives."

At the Braverman Eye Center, Dr. Stanley Braverman, M.D., F.A.C.S., offers "all laser" Custom Wavefront Z-LASIK surgery. If the patient is a better candidate for another form of refractive eye surgery, like Kim's lensectomy, Dr. Braverman will be honest and suggest other options to the patient. Besides LASIK surgery, Dr. Braverman also performs other safe and FDA-approved refractive eye surgery options for patients interested in getting rid



The Braverman Eye Center is located at 1935 E Hallandale Beach Blvd., Hallandale Beach.

"Dr. Braverman talked to me throughout the surgery, reassuring me every step of the way. I did both eye operations a week apart. Now one year has gone by, and remember, I had a negative 16 and 17, but I have not had to wear glasses since I had the surgery. Dr. Braverman is one of the best doctors I have been to and I recommend him highly."

KIM UMBAUGH, Lensectomy Patient

of glasses or contact lenses, options which are not available at LASIK only centers.

Dr. Braverman is a Voluntary Assistant Clinical Professor at the Bascom Palmer Eye Institute and an Adjunct Associate Clinical Professor at the Nova Southeastern School of Optometry. An initial LASIK screening consultation is free and can be scheduled by calling Rosemary Hartford, the Refractive Surgery Coordinator, at (888) 954-LASIK or (954) 458-2112.

For additional information regarding LASIK, Lensectomy and Cataract surgery, please visit the Braverman Eye Center web site, www.bravermaneyecenter.com.