

BRAVERMAN EYE CENTER

Pre-operative Laser Vision Correction Instructions

Prior to examination and procedure:

Unless advised otherwise by your doctor, remove your contact lenses according to the following schedule:

- **Soft Daily Wear:** 5 days prior to your exam and procedure.
- **Soft Extended Wear and Torics:** 14 days prior to your exam and procedure.
- **Rigid Gas Permeables (RGPs) and Hard Lenses (PMMAs):** one month per decade (ten years) of wear prior to exam and procedure or as directed by your doctor.

***** PRK/Epi-Lasik patients** should begin Vitamin C 1000 mg. per day immediately after your pre-operative exam, or one week before the procedure. Please continue the Vitamin C for at least six months after the procedure. Other prescriptions (Neurontin, Medrol Dosepak) should be filled before your procedure and brought with you on the day of the surgery. One Neurontin should be taken the AM of your surgery.

- **All laser Patients: Please fill your prescription for antibiotic drops and begin using 4 times a day the day before your procedure and once in the AM on the day of your procedure.**

Day of procedure:

- You will need a driver.
- Arrive no later than _____ am/pm.
- Do not use hairspray, powders, lotions, perfumes, aftershave, cologne or make-up *including mascara.*
- No restrictions on diet, but eat something light. If you are a diabetic, please bring a snack as needed. No aspirin products seven days pre-procedure.
- No antihistamines two days pre and post procedure.

-If you are currently taking medications, continue to take them as prescribed by your physician. If you have started to take any new medications please let us know. If you have questions about medications call the office.

- Dress comfortably with layered warm clothing - **NO SWEATERS** inside the laser room since they shed. It is quite cool in the laser suite, but the rest of the center is at normal temperature.
- No cellular phones or pagers are allowed in the laser suite.
- Your first post-op visit will be at the Braverman Eye Center the next morning.

We are delighted that you have chosen to have your laser vision correction procedure at the BRAVERMAN EYE CENTER. We hope you will enjoy seeing the world through your new eyes. If you have any questions regarding this information, please call us at 954-458-2112.