

BRAVERMAN EYE CENTER
Cross-Linking Pre-Procedure Instructions

Prior to procedure:

Prescriptions: Please fill all your prescriptions including over the counter artificial tears (Theratears or Blink).

Begin the antibiotic drops (Ocuflax) the day before the procedure, one drop, 4 times a day and then once in the AM on the day of your procedure.

All other prescriptions should be filled before your procedure and brought with you on the day of the procedure.

Day of procedure:

Unless advised otherwise by your doctor, remove your contact lenses when you arrive at the office on the day of the procedure.

- You will need a driver.
- Arrive no later than _____ am/pm.
You will be here approximately two hours.
- Do not use hairspray, powders, lotions, perfumes, aftershave, cologne or make-up *including mascara.*
- No restrictions on diet, but eat something light. If you are a diabetic, please bring a snack as needed. No aspirin products seven days pre-procedure.
- No antihistamines two days pre and post procedure.

- If you are currently taking medications, continue to take them as prescribed by your physician. If you have started to take any new medications please let us know. If you have questions about medications call the office.
- Dress comfortably with layered warm clothing - **NO SWEATERS** inside the laser room since they shed. It is quite cool in the laser suite, but the rest of the center is at normal temperature.
- No cellular phones or pagers are allowed in the laser suite.